

## Kinesiology: Exercise Science 2-Yr Transfer Pathway 2023-2024

This pathway assumes that students have completed 60 transferrable credits including Introductory Statistics and all CSU American Institutions and General Education requirements.

- *Not intended for students who have a Kinesiology AA-T or AS-T degree. Please see AA-T Pathway*
- *Students who completed Human Anatomy with Lab and Human Physiology with Lab receive credit for KIN 370, KIN 370L, KIN 371, and 371L and will not need to retake at CSUMB.*
- *KIN students should see the KIN Academic Advisor to create a plan for their specific situation.*

Fall Junior Courses (14 units total)	Course or GE Title	Units	GE/Major
<b>KIN 300</b>	Major Pro-Seminar	1	Core
<b>KIN 310</b>	Athletic Strength & Conditioning	3	Concentration
<b>KIN 355</b>	Ethics in Physical Activity and Health	3	GWAR, Core
<b>KIN 370 &amp; KIN 370L</b>	Anatomy and Physiology I and Lab	4	UDB, Core
<b>SPAN 340 or 350 or JAPN 340 or 350</b>	Upper-Division Humanities/World Lang	3	UDC, WCL
Spring Junior Courses (16 units total)	Course or GE Title	Units	GE/Major
<b>KIN 340</b>	Personal Training	3	Concentration
<b>KIN 371 &amp; KIN 371L</b>	Anatomy and Physiology II and Lab	4	Core
<b>KIN 390</b> (prereq = KIN 370+Lab)	Exercise Physiology	3	Core, UDB
<b>KIN 3## or 4##</b>	KIN Elective (any upper-division KIN course not already taken for major)	3	Exercise Science Elective
<b>Any missing GE or CSU req, or free elective</b>	GE/CSU requirement or elective	3	GE or Elective
Fall Senior Courses (16 units total)	Course or GE Title	Units	GE/Major
<b>KIN 471S</b>	Kinesiology Service Learning	3	UDD, UDSL, ES, Core
<b>KIN 430</b> (prereq = KIN 390)	Physiology & Biomechanics of Aerobic Exercise	3	Concentration
<b>KIN 450</b>	Exercise Prescript. For Special Pop.	3	Concentration
<b>KIN 421L</b> (alt options: KIN 303, KIN 305, KIN 375)	Exercise Science Lab or one of the listed alternative course options	3	Exercise Science
<b>Course for minor, grad school, or elective</b>	Minor or grad school prereq or elective	3	Elective
Spring Senior Courses (14 units total)	Course or GE Title	Units	GE/Major
<b>KIN 440</b> (prereq = KIN 390)	Physiology & Biomechanics of Anaerobic Exercise	3	Concentration
<b>KIN 360 &amp; KIN 360L</b>	Nutritional Science with Lab	4	Core
<b>KIN 499 (or 469)</b>	Capstone or Internship)	2-3	Core
<b>Course for minor, grad school, or elective</b>	Minor or grad school prereq or elective	3	Elective
<b>Course for minor, grad school, or elective</b>	Minor or grad school prereq or elective	3	Elective
<b>Approximate Total Units for Exercise Science Transfer Pathway</b>		<b>60</b>	