

AA-T Kinesiology to B.S. Kinesiology: Exercise Science Concentration 2022-2023

This pathway is for students who have completed an AA-T in Kinesiology and have sent official degree verification to CSUMB.

| Fall Junior Courses (13 units) | | Course or GE Title | Units | GE/Major |
|--|--|--|-----------|----------------------|
| KIN 300 | | Major Pro-Seminar | 1 | Core |
| KIN 310 | | Athletic Strength & Conditioning | 3 | Concentration |
| KIN 340 | | Personal Training | 3 | Concentration |
| KIN 390 | | Exercise Physiology | 3 | Core, UDB |
| SPAN 340 or 350 or JAPN 340 or 350 | | upper-division humanities/world lang | 3 | UDC, WCL |
| Spring Junior Courses (16 units) | | Course or GE Title | Units | GE/Major |
| KIN 355 | | Ethics in Physical Activity and Health | 3 | GWAR, Core |
| KIN 430 | | Physiol & Biomech of Aerobic Exercise | 3 | Concentration |
| KIN 471S | | Kinesiology Service Learning | 3 | Core, UDSL, UDD, ES* |
| KIN 421L or KIN 375 or KIN 305 | | Exercise Sci Lab or Motor Behavior or Technique in Strength/Conditioning | 3 | Concentration |
| Elective (or minor or grad school prereq) | | Elective or minor or grad school prereq | 4 | Elective |
| Fall Senior Courses (15 units) | | Course or GE Title | Units | GE/Major |
| KIN 450 | | Exercise Prescript. For Special Pop. | 3 | Concentration |
| KIN 440 | | Physiol & Biomech Anaerobic Exercise | 3 | Concentration |
| US History (US1) requirement if not completed previously | | CSU American Institutions Requirement (US1) of not completed prior to transfer | 3 | US1 if needed |
| Elective (or minor or grad school prereq) | | Elective or minor or grad school prerequisite | 3 | Elective |
| Elective (or minor or grad school prereq) | | Elective or minor or grad school prerequisite | 3 | Elective |
| Spring Senior Courses (16 units) | | Course or GE Title | Units | GE/Major |
| KIN 360/L | | Nutritional Science and Lab | 4 | Core |
| KIN 499 | | Capstone | 2 | Core |
| Exercise Science elective (any upper-division KIN course not taken previously) | | KIN 3xx or 4xx | 3 | Ex. Sci. elective |
| Elective (or minor or grad school prereq) | | Elective or minor or grad school prerequisite | 4 | Elective |
| SL 210S or other DCSL course if CSU American Institutions not done before transfer | | CSU US & CA government (US2,3) requirement if not done previously. | 3 | US2,3 if needed |
| Total Exercise Sci AA-T units | | | 60 | |