

## AA-T Kinesiology to B.S. Kinesiology: Exercise Science Concentration 2023-2024

This pathway is for students who have completed an AA-T in Kinesiology and have sent official degree verification to CSUMB. *KIN students should see the KIN Academic Advisor to create a plan for their specific situation.*

Fall Junior Courses (13 units)	Course or GE Title	Units	GE/Major
KIN 300	Major Pro-Seminar	1	Core
KIN 310	Athletic Strength & Conditioning	3	Exercise Science
KIN 340	Personal Training	3	Exercise Science
KIN 390	Exercise Physiology	3	UDB, Core
SPAN 340 or 350 or JAPN 340 or 350	Upper-Division Humanities/World Lang	3	UDC, WCL
Spring Junior Courses (16 units)	Course or GE Title	Units	GE/Major
KIN 355	Ethics in Physical Activity and Health	3	GWAR, Core
KIN 430	Physiology & Biomechanics of Aerobic Exercise	3	Exercise Science
KIN 471S	Kinesiology Service Learning	3	UDD, UDSL, ES, Core
<b>US History requirement</b> <i>if CSU US History requirement not completed before transfer</i>	CSU American Institutions Requirement (US1) of not completed prior to transfer	3	US1 <i>if needed</i>
<b>Course for minor, grad school, or elective</b>	Minor or grad school prereq or elective	3	Elective
Fall Senior Courses (16 units)	Course or GE Title	Units	GE/Major
KIN 450	Exercise Prescriptions for Special Populations	3	Exercise Science
KIN 440	Physiology & Biomechanics of Anaerobic Exercise	3	Exercise Science
KIN 421L <i>(alt options: KIN 303, KIN 305, KIN 375)</i>	Exercise Science Lab <i>or one of the listed alternative course options</i>	3	Exercise Science
<b>Course for minor, grad school, or elective</b>	Minor or grad school prereq or elective	3	Elective
<b>Course for minor, grad school, or elective</b>	Minor or grad school prereq or elective	3	Elective
Spring Senior Courses (16 units)	Course or GE Title	Units	GE/Major
KIN 360 & KIN 360L	Nutritional Science with Lab	4	Core
KIN 499 or 469	Capstone or Internship	2-3	Core
KIN 3## or 4##	KIN Elective <i>(any upper-division KIN course not already taken for major)</i>	3	Exercise Science Elective
<b>Course for minor, grad school, or elective</b>	Minor or grad school prereq or elective	3	Elective
<b>SL 210S or other DCSL course</b> <i>if CSU US&amp;CA Government not completed before transfer</i>	CSU US & CA government (US2&3) requirement if not done before transfer	3	US2&3 <i>if needed</i>
<b>Approximate Total Units for Exercise Science AA-T Pathway</b>		<b>60</b>	