

AA-T Kinesiology to B.S. Kinesiology: Wellness Concentration 2022-2023

This pathway is for students who have completed an AA-T in Kinesiology and have sent official degree verification to CSUMB.

Fall Junior Courses (13 units)	Course or GE Title	Units	GE/Major
KIN 300	Major Pro-Seminar	1	Core
KIN 330	Physical Activity & Health	3	Wellness core
KIN 471S	Kinesiology Service Learning	3	Core, UDSL, UDD, ES
KIN 303,320,340,346,350,363/L,366,375,450,461,469,490,492,or HDFS 350	Wellness Elective #1	3	Wellness elect #1
SPAN 340 or 350 or JAPN 340 or 350	upper-division humanities/world lang	3	UDC, WCL
Spring Junior Courses (15 units)	Course or GE Title	Units	GE/Major
KIN 355	Ethics in Physical Activity and Health	3	GWAR, Core
KIN 350 or 366	Health Promotion Course	3	Wellness core
KIN 390	Exercise Physiology	3	Core, UDB
Free elective (or grad school prereq)	Free Elective or grad school prereq	3	Free elective
US History requirement if not completed previously	CSU American Institutions Requirement (US1) of not completed prior to transfer	3	US1 if needed
Fall Senior Courses (16 units)	Course or GE Title	Units	GE/Major
KIN 450 Fail, (spring) or KIN 490 (spring only)	Exercise Prescript. For Special Pops. OR Evolutionary Medicine	3	Wellness core
KIN 303,320,340,346,350,363/L,366,375,450,461,469,490,492,or HDFS 350	Wellness Elective #2	3	Wellness elect #2
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	3	Elective
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	3	Elective
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	4	Elective
Spring Senior Courses (16 units)	Course or GE Title	Units	GE/Major
KIN 499	Capstone	2	Core
KIN 360/L	Nutritional Science and Lab	4	Core
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	4	Elective
Elective (or minor or grad school prereq)	Elective or minor or grad school prereq	3	Elective
SL 210S or other DCSL course if CSU American Institutions not done before transfer	CSU US & CA government (US2,3) requirement if not done previously.	3	US2,3 if needed
Total Wellness GE transfer pathway		60	