

## Kinesiology: Wellness 2-Yr Transfer Pathway 2022-2023

This pathway assumes that students have completed 60 transferrable credits including Introductory Statistics and all CSU American Institutions and General Education requirements.

| Fall Junior Courses (14 units total)   | Course or GE Title                      | Units     | GE/Major          |
|--|---|-----------|-------------------|
| <b>KIN 300</b>   | Major Pro-Seminar                       | 1         | Core              |
| <b>KIN 330 (Fall only)</b>   | Physical Activity & Health              | 3         | Concentration #1  |
| <b>KIN 450</b>   | Exercise Prescript. For Special Pop.    | 3         | Concentration #2  |
| <b>KIN 370 and KIN 370L</b>  | Anatomy and Physiology I and Lab        | 4         | Core, UDB         |
| <b>SPAN 340 or 350 or JAPN 340 or 350</b>                                    | upper-division humanities/world lang    | 3         | UDC, WCL          |
| Spring Junior Courses (16 units total)                                       | Course or GE Title                      | Units     | GE/Major          |
| <b>KIN 355</b>   | Ethics in Physical Activity and Health  | 3         | GWAR, Core        |
| <b>KIN 350 or 366</b>  | Health Promotion Course                 | 3         | Concentration #3  |
| <b>KIN 371 and KIN 371L</b>  | Anatomy and Physiology II and Lab       | 4         | Core, UDB         |
| <b>Free elective (or grad school prereq)</b>                                 | Free Elective or grad school prereq     | 3         | Free elective     |
| <b>Any missing GE or CSU req, or free elective</b>                           | GE or CSU requirement, or elective      | 3         | GE or elective    |
| Fall Senior Courses (16 units total)   | Course or GE Title                      | Units     | GE/Major          |
| <b>KIN 360/L</b>   | Nutritional Science and Lab             | 4         | Core              |
| <b>KIN 471S</b>  | Kinesiology Service Learning            | 3         | Core, UDSL, UD    |
| <b>KIN 303,320,340,346,350,363/L,366,375,450,461,469,490,492,or HDFS 350</b> | Wellness Elective #1                    | 3         | Wellness elect #1 |
| <b>KIN 390</b>   | Exercise Physiology                     | 3         | Core, UDB         |
| <b>Elective (or minor or grad school prereq)</b>                             | Elective or minor or grad school prereq | 3         | Elective          |
| Spring Senior Courses (14 units total)                                       | Course or GE Title                      | Units     | GE/Major          |
| <b>KIN 499</b>   | Capstone                                | 2         | Core              |
| <b>KIN 303,320,340,346,350,363/L,366,375,450,461,469,490,492,or HDFS 350</b> | Wellness Elective #2                    | 3         | Wellness elect #2 |
| <b>Elective (or minor or grad school prereq)</b>                             | Elective or minor or grad school prereq | 3         | Elective          |
| <b>Elective (or minor or grad school prereq)</b>                             | Elective or minor or grad school prereq | 3         | Elective          |
| <b>Elective (or minor or grad school prereq)</b>                             | Elective or minor or grad school prereq | 3         | Elective          |
| <b>Total Wellness GE transfer pathway</b>                                    |   | <b>60</b> |                   |