

# Kinesiology: Wellness 2-Yr Transfer Pathway 2023-2024

This pathway assumes that students have completed 60 transferrable credits including Introductory Statistics and all CSU American Institutions and General Education requirements.

- *Not intended for students who have a Kinesiology AA-T or AS-T degree.*
- *Students who completed Human Anatomy with Lab and Human Physiology with Lab receive credit for KIN 370, KIN 370L, KIN 371, and 371L and will not need to retake at CSUMB.*
- *KIN students should see the KIN Academic Advisor to create a plan for their specific situation.*

<b>Fall Junior Courses (14 units total)</b>	<b>Course or GE Title</b>	<b>Units</b>	<b>GE/Major</b>
<b>KIN 300</b>	Major Pro-Seminar	1	Core
<b>KIN 330</b>	Physical Activity & Health	3	Wellness Core
<b>KIN 303, 320, 340, 346, 350, 363/L, 366, 375, 450, 461, 469, 490, 492, or HDFS 350</b>	Wellness Elective #1	3	Wellness Elect #1
<b>KIN 370 &amp; KIN 370L</b>	Anatomy and Physiology I and Lab	4	UDB, Core
<b>SPAN 340 or 350 or JAPN 340 or 350</b>	Upper-Division Humanities/World Lang	3	UDC, WCL
<b>Spring Junior Courses (16 units total)</b>	<b>Course or GE Title</b>	<b>Units</b>	<b>GE/Major</b>
<b>KIN 355</b>	Ethics in Physical Activity and Health	3	GWAR, Core
<b>KIN 450 (Fall, Spring) or KIN 490 (Spring Only)</b>	Exercise Prescriptions for Special Populations <i>OR</i> Evolutionary Medicine	3	Wellness Core
<b>KIN 371 &amp; KIN 371L</b>	Anatomy and Physiology II and Lab	4	Core
<b>Course for minor, grad school, or elective</b>	Minor or grad school prereq or elective	3	Elective
<b>Any missing GE or CSU req, or free elective</b>	GE/CSU requirement or elective	3	GE or Elective
<b>Fall Senior Courses (16 units total)</b>	<b>Course or GE Title</b>	<b>Units</b>	<b>GE/Major</b>
<b>KIN 360 &amp; KIN 360L</b>	Nutritional Science with Lab	4	Core
<b>KIN 471S</b>	Kinesiology Service Learning	3	UDD, UDSL, ES, Core
<b>KIN 350 or 366</b>	Health Promotion Course	3	Wellness Core
<b>KIN 390 (prereq = KIN 370+Lab)</b>	Exercise Physiology	3	Core, UDB
<b>Course for minor, grad school, or elective</b>	Minor or grad school prereq or elective	3	Elective
<b>Spring Senior Courses (14 units total)</b>	<b>Course or GE Title</b>	<b>Units</b>	<b>GE/Major</b>
<b>KIN 499 or 469</b>	Capstone or Internship	2-3	Core
<b>KIN 303, 320, 340, 346, 350, 363/L, 366, 375, 450, 461, 469, 490, 492, or HDFS 350</b>	Wellness Elective #2	3	Wellness Elect #2
<b>Course for minor, grad school, or elective</b>	Minor or grad school prereq or elective	3	Elective
<b>Course for minor, grad school, or elective</b>	Minor or grad school prereq or elective	3	Elective
<b>Course for minor, grad school, or elective</b>	Minor or grad school prereq or elective	3	Elective
<b>Approximate Total Units for Wellness Transfer Pathway</b>		<b>60</b>	

