California State University, Monterey Bay Educational Opportunity Program



FALL 2021 Transfer Bridge Student Handbook

Table of Contents

Differences between Community College and CSUMB	Page 3	
CSUMB Academic Standards	Page 4	
Otter Success Tips		
Tips to Help You Become a Successful CSUMB Student	Page 6	
Seven Tips For Effectively Managing Your Time	Page 7	
How To Get The Most Out Of Your Class Time	Page 8	
CSUMB Academic Calendar 2021-2022	<u> Page 10</u>	
Important Campus Resources	Page 11	
YOU@CSUMB - Just Turn to You!	Page 12	

Differences between Community College and CSUMB

CSUMB

Recommendations for

Community

College Success			Success
Academic Workload	Less work per unit required. Takes less study time outside of class.	More work per unit is required	Budget more study time per unit outside of class.
Academic Teaching Styles/Virtual Learning	Varies by Community College	Mix of in person and online courses. More group work, more reading, more writing.	Communicate with the professor for questions & assistance. Be proactive in communication with the group. See the resources in the virtual packet Get technology set up early
Academic Standards	Academic probation and disqualification	Good academic standing, Dean's list, academic probation, academic disqualification	Be aware of differences See resource in virtual packet
Advising/Degree Requirements	General education requirements. Advising done by EOPS advisors.	Upper-division degree requirements are specific to majors. Major Academic Advisor does academic course advising.	Develop relationships & check-in each semester with your major advisor.
Campus Resources	Different resources, requirements unique to each school, often accessed through one office	Many resources available, sometimes different requirements. Located in different offices and departments across campus	Proactively seek resources out, communicate needs with EOP for referrals and assistance See resources in virtual packet
ЕОР	EOPS – join throughout time at C.C., different program services & requirements.	EOP point of entry admissions only. Different services & resources offered, and different participation requirements.	Communicate & meet with EOP Advisor frequently. Track your EOP contract, ask questions.

CSUMB Academic Standards

Dean's list:

Each semester the college deans recognize those students who earn a 3.5 GPA or better in the preceding semester. To be eligible, undergraduate students must complete a minimum of 12 letter graded units with no incompletes; no grades lower than a "C", and be in good standing.

Academic Probation:

An undergraduate student is placed on Academic Probation if at any time the <u>cumulative</u> grade point average in all college work **or** a cumulative grade point average at CSUMB falls below a 'C' (2.0) average.

Academic Disqualification:

Academic Disqualification means that the student has not maintained satisfactory academic standards and is involuntarily separated from the university.

Undergraduates on academic probation are subjected to Academic Disqualification when:

- As a Freshman the student falls below a cumulative grade point average of 1.50 in all units attempted or in all units attempted at the campus where enrolled.
- As a Sophomore the student falls below a cumulative grade point average of 1.70 in all units attempted or in all units attempted at the campus where enrolled.
- As a Junior the student falls below a cumulative grade point average of 1.85 in all units attempted or in all units attempted at the campus where enrolled.
- As a Senior the student falls below a cumulative grade point average of 1.95 in all units attempted or in all units attempted at the campus where enrolled.

Withdrawal Information:

Students can only withdraw from 18 units during the course of their studies at Cal State Monterey Bay. For most students, that means that they can only withdraw from four to six classes in their undergraduate career. Students taking high-unit courses will have even fewer opportunities to withdraw.

Schedule Adjustments made during the Add/Drop Period do not count toward the limit, but changes made after the Add/Drop Period will count toward the limit. Approved course withdrawal for medical or military reasons will not count towards the 18 unit limit.

Course Repeat Information:

Undergraduate students are limited to repeating 28 semester units during their career at Cal State Monterey Bay. Students wishing to repeat a course more than once must submit a <u>Course Repeat Petition</u>.

Undergraduate students may attempt to improve their GPA by repeating a course which they have earned a grade of C-, D+, D, D-, F, WU or IC, however students will be prevented from

registering for a course in which a grade of "C" or higher has been assigned. Only 16 units may be assigned grade forgiveness.

Incomplete Grade Information:

Students may not re-enroll in a class in which a grade of "I" (Incomplete) is currently assigned.

The grade "I" will automatically be converted to "IC" when a grade is not specified on the Contract for Incomplete Grade; the instructor does not submit a Change of Grade for the class in question before the 1-year time limit is reached; and there is no approved extension of the time frame for the Incomplete grade.

Click Here for More Academic Policy Information

Otter Success Tips

Tips to Help You Become a Successful CSUMB Student

Save Everything Even Vaguely Official

Save academic plans, GE checklist, petition copies, appeal letters, handwritten notes from advisors, etc. Get a file or a folder of reasonable size, and just file everything in it. Store important information in a safe place, so if you ever need to reference it the information will be available and easy to find.

Understand What Is Expected Of You

Read each course syllabus and pay attention to dates for exams, assignments and projects. Review the grading policy, point value system and attendance requirements. Many instructors deduct points for absences and tardiness, and often have specific requirements for assignments and papers.

Read

Read everything instructors hand out, especially what they have written themselves. Read policies and procedures in the schedule of classes and the bulletin/catalog. Don't depend on word-of-mouth. Familiarize yourself with university policies.

Ask Questions

Successful students ask questions. You should meet with your academic advisor and/or EOP Retention Advisor. They can assist you with selection of classes and direct you to any needed resources on campus. Remember that staff and faculty are here to help you succeed.

Get Organized

Being organized is one of the most important skills you can possess. Find a way to stay on top of your assignment and project due dates. Good organization will allow you to get your work done and on time, as well as provide less stress when completing assigned tasks. Proper organization of your time will also allow you to enjoy activities and events that are of interest to you. College should not only be about studying, but about managing your time wisely, so you can accomplish more.

You Must Take The Proper Steps To Drop Classes

At some schools you are dropped automatically if you don't show up. Not at CSUMB. YOU must drop YOURSELF by a required deadline. The penalty is a "WU" (unauthorized withdrawal, equivalent to an "F"). An unauthorized withdrawal is one of the most common ways students get themselves on academic probation. Often, students do not take their academic probation status seriously. It is important to follow through on your academic probation contract terms. Failure to fulfill these terms may result in dismissal from the university and may affect your eligibility for financial aid and EOP.

Connect With Faculty

Professors want exactly what you want; they would like for you to learn the material in their respective classes and earn a good grade. Make a point to build a positive relationship with your professor and visit with them during their office hours.

Get Involved

Education does not only occur in the classroom. Make a point to seek out campus organizations that interest you and join them. You will get the opportunity to develop leadership, communication and interpersonal skills.

Take Advantage Of The Resources Available To You Before Choosing Classes
Talk with your EOP Retention Advisor and meet with your major advisor. Check the
schedule of classes for days, times, and prerequisites for courses in which you are
interested. Read the university catalog for information regarding course descriptions and
course sequence in your desired program.

Seven Tips For Effectively Managing Your Time

1. Be Organized

It is important to record all time commitments. Review your course syllabus, and note all assignments, this includes class time, work obligations and study time. You may want to use an appointment calendar, post -its, "to-do" lists or an online tracking system.

2. Plan Ahead

Before taking on a task, determine how long your tasks will take and consider whether any activities can be combined. Take a few minutes every day to examine your calendar, note your upcoming assignments and update your lists.

3. Prioritize Your Tasks

Use an A-B-C rating system for items on your "to do" lists with A items being the highest priority. Do the most important task rst to avoid procrastinating. Don't forget to periodically review your list to make sure you're on track.

4. Avoid Overload

Include time for rest, relaxation, sleep, eating, exercise, and socializing in your schedule. Take short breaks during study and work periods. Learn to say "no" when appropriate. Whether it's extra courses, job responsibilities, or extracurricular activities, consider how important each is before agreeing to participate or commit.

5. Practice Effective Study Techniques

Don't wait until the last minute to complete projects. Read the syllabus as soon as you get it and note all due dates on your calendar. Be a model student (be attentive, punctual, prepared, eager to learn and participative in class)!

6. Be Flexible

Know how to rearrange your schedule when necessary (so it doesn't manage you - you manage it). Know who to ask for help when needed.

7. Make Use Of Wasted Time

Have you ever noticed how much time you spend waiting (for doctors, friends, advisors, etc.)? Carry work to make use of that time that would otherwise be wasted. Carry a short reading assignment or flashcards for studying. Or use the time to write in your planner and organize yourself. Ten minutes here, fifteen minutes there, it all adds up and you'll and that you can get more done.

How To Get The Most Out Of Your Class Time

Be On Time

Tardies add up. If you are 10 minutes late five days in a row, you've missed the equivalent of one whole class session. Further, the beginning of the class is the time that the instructor goes over assignments or discusses upcoming exams.

Always Attend

Attending your classes is important for your success. It doesn't pay to cut classes to study for others because you will only be putting yourself behind in both classes. If you do have to miss a class for a good reason, make sure that you let your professor know, and get notes and assignments from someone who was there, takes good notes and always follow-up with your professor.

Do The Reading Before Class

Many instructors do not teach the main portion of the course through class sessions; they are relying on you to do the reading. Their lectures supplement the reading. So, if you haven't done the reading, you won't understand what the instructor is talking about in class, and you won't know what to take notes on.

Be Prepared

Go to class with the correct notebook, plenty of paper, a pen or pencil, and any books, materials, or assignments that the instructor expects you to bring.

Pay Attention

Don't let minor distractions or irritations make you miss a major point that the instructor is trying to get across. Also, don't read, talk, text or do homework in class.

Take Good Notes

If you don't take good notes, you will be spending twice as much time doing something you could have done in class. Take notes on the readings or films shown in class. Concentrate on the main points of the lecture, not just the explanations. Number points

whenever possible. Review notes after class and think of which things might be asked on a test, or what topics discussed might lead to essay questions.

Ask Questions

Don't be shy. If you have a question, ask it. There are very few "dumb" questions. Chances are, if you have thought of it, other people have the same question. Many instructors grade on participation, so your grade could be affected if you don't ask questions.

CSUMB Academic Calendar 2021-2022

FALL 2021

August 23: First day of instruction

September 6: Labor Day ~ Campus closed

September 7: Last day to add/drop classes

September 20: Enrollment census date

October 4: Winter 2022 class scheduled published

October 4: Spring 2022 class scheduled published

October 18: Winter 2022 registration begins

October 25: Spring 2022 registration begins for continuing students

November 11: Veteran's Day ~ Campus closed

November 22-24: Fall break ~ Faculty planning days ~ No classes

November 25: Thanksgiving Day ~ Campus closed

November 26: Academic Holiday for faculty and students ~ No classes

December 10: Last day of instruction

December 13-17: Assessment / final exam period

TBD: Capstone Festival

December 24-31: Holidays observed ~ Campus closed

January 1: New Year's Day ~ Campus closed

January 3: Grades due ~ Last day of fall semester

WINTER 2022

January 3: First day of instruction

January 21: Last day of instruction

January 28: Grades due ~ Last day of winter term

SPRING 2022

January 17: Martin Luther King Day ~ Campus closed

January 24: First day of instruction

February 7: Last day to add/drop classes

February 18: Enrollment census date

March 14: Summer 2022 class schedule published

March 21: Fall 2022 class schedule published

March 28 - April 1: Spring break

March 31: Cesar Chavez Day ~ Campus closed

April 4: Summer 2022 registration begins for continuing students

April 11: Fall 2022 registration begins for continuing students

May 13: Last day of instruction

May 16-19: Assessment / final exam period

May 23-27: Faculty planning days

May 30: Memorial Day ~ Campus closed

May 31: Grades due ~ Last day of spring semester ~ 2021-22 Academic Year Ends

Important Campus Resources

Office Phone Number Email

EOP Office	831-582-4456	eop@csumb.edu
Basic Needs	831-582-3511	basicneeds@csumb.edu
Campus Health Center	831-582-3965	
Campus Service Center	831-582-5100	onestop@csumb.edu
Career Development	831-582-3937	Schedule an Appointment
Center for Advising, Career & Student Success	831-582-3937	Academic_advisor@csumb.edu
Cooperative Learning Center	831-582-4104	clc@csumb.edu
Financial Aid Office	831-582-5100	financial_aid@csumb.edu
Health & Wellness Services	Campus Advocate: 831-402-9477 Campus Advocate 24/7 Support: 831-375-4357 Chaplaincy: 831-578-2545	
IT HELP Desk	831-582-4357(HELP)	Monday-Friday 8:00 am - 5:00 pm
<u>Library</u>	831-582-3733	library_reference@csumb.edu
Online Learning Support		
Personal Growth & Counseling Center	831-582-3969	counseling_center@csumb.edu
Student Disability Resources	831-582-3762	student_disability_resources@csumb.edu
Student Housing & Residential Life	831-582-3378	studenthousing@csumb.edu
Student Technology	831-582-4357	
Student Veteran Services	831-582-5720	veteran_services@csumb.edu
Transfer Student Success Center	831-582-3648	transfercenter@csumb.edu
Undergraduate Research Opportunities Center (UROC)	831-582-4241	uroc@csumb.edu

YOU@CSUMB - Just Turn to You!

Well-being starts by exploring your needs and seeking support. You@CSUMB is an anonymous, online well-being platform personalized just for you. Explore your mental and physical health, learn how to foster relationships, find balance, and thrive academically. <u>Take a tour of You@CSUMB</u> & <u>Sign up</u> today! (Use your Otter ID & password)

Here are just a few of the things YOU@CSUMB can help you with:

- Tips to adjust to online learning
- Coping with stress and anxiety in a changing world
- Maintaining and growing social connections even while practicing physical distancing

Remember that change is hard! Check in with yourself on YOU@CSUMB and find resources to continue making the most of your time at CSUMB.