

# Student Crisis Response

Use this guide to identify the best resource to support students in crisis or needing mental health support.



## Counseling Services

831-582-3969

Call when...

- ✓ Situation is stable and student poses no imminent danger to self or others.
- ✓ Student has thoughts of harm to self or others.
- ✓ Student is interested in additional support, including safety planning and resources.
- ✓ You are unsure of what support is needed.

### Tell the student...

"The PGCC line is available to support you 24/7. In person and virtual services are available M-F 8:30 a.m.-4:30 p.m."



## Monterey County Mobile Crisis Response Team

831-687-4379

Call when...

- ✓ Student is in visible distress, but no active danger is present.
- ✓ Student is expressing strong suicidal thoughts.
- ✓ Student has a plan to end their life.
- ✓ Student may qualify for an involuntary mental health hold (unable to care for self, intensifying thoughts of suicide or homicide with plan and intention).

### Tell the student...

"Whenever MCRT is contacted, UPD is informed but does not typically accompany response."



## University Police

911 or 831-655-0268

Call when...

- ✓ Situation poses imminent danger for student or community; intensifying suicidal or homicidal thoughts.
- ✓ Weapons are present.
- ✓ Student is displaying aggression or hostility.
- ✓ Student is intoxicated and unable to care for themselves.
- ✓ Student has medical concerns.

### Tell the student...

"Support has been contacted and they are on their way."

